

Philippians 2:3

Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself.

The world calls it a “Selfie”; the bible calls it “**Selfish**”.

Selfie’s have become a huge rage over the last several years since cell phones included a camera. It’s gotten so big that you can even buy a stick to put your phone on (a selfie stick) to get a “better” selfie of “yourself”. But are we surprised? I’m not, because even before cell phones and camera’s the world has always taught us to think of self first, then others next... if you have time for them and it does not interrupt “your” own needs.

We spend so much time wondering what will **I** wear, what will **I** eat, how will they will respond or react to **me**, how **I** am doing, how **I** am feeling, what should **I** buy for **me** today, who is driving to slow ahead of **me** in **my** lane on the freeway, what will **I** watch on TV, do they like **me**, why don’t they like **me** or why didn’t they smile at **me** or talk to **me** or.....
AHHHHHHHHH life has taught us so much that it is all about “ME” no wonder when we pray we spend more time praying for **me** then for others.

So is this a guilt trip teaching today? No, not at all, it’s a reality check for us all, because we are all guilty of it... including myself, because I am always on my mind. lol 😊

But with the world’s way and the “think of me first” attitude, today’s devotional verse blows that out of the water: “*Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself.*” (underlined for emphasis)

How much more did Jesus teach us about not thinking of ourselves, but the needs of others.

† **Matthew 6:31-34** *Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you. Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.*

We know this and believe that our “**heavenly Father knows that you need all these things**”. But if we really believe that, then shouldn’t we stop thinking and worrying about our own needs, and start focusing on the needs of others?

Now, don’t get me wrong, it’s not wrong to think of your needs and to ask God about things you need, or that you would even like to have. But if we focus so much time on ourselves, we have

become our own god, because even our thoughts consume us more than our thoughts towards God. Now we can not match our thoughts towards God with His thoughts towards us:

† **Psalm 139:17-18** *How precious also are Your thoughts to me, O God! How great is the sum of them! If I should count them, they would be more in number than the sand; When I awake, I am still with You.*

But if we put more of our thoughts on God and others, just imagine the change that could happen in our lives. We would worry less, because the less you think of yourself, the less you worry. We would have less anxiety, less fears, less sleepless nights, less time praying for our own needs, and more time praying for the needs of others...

So let me save you \$29.95 that you would have spent on that self help book, and realize, you already have help, and our “**help comes from the Lord**”, and the more you think less of yourself, the more you realize that you don’t need help and will see the needs of those that the Lord has put around you, because you are no longer doing **Selfies**, but rather you are doing **Helpies**. Then go take that \$29.95 and give it to one of those who need help.

† **Psalm 121:2** *My help comes from the LORD, Who made heaven and earth.*

† **2 Corinthians 9:7-8 (NLT2)** *You must each decide in your heart how much to give. And don’t give reluctantly or in response to pressure. “For God loves a person who gives cheerfully.” And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others.*