

James 5:16

Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

Some people don't pray because they say that they don't know what to pray for. But the answer as to why they don't pray, or pray that much, is in one word of that statement, and that word is "what".

We spend so much time thinking of "what" should I pray for that we forget the most important thing to pray for; and that is not "what" to pray for, but "who" to pray for. Notice James says to "***pray for one another***" not pray for what comes to mind as you think of the physical things to pray for.

Also, if you don't know "what" to pray for, it could be because you are thinking of your own needs and not the needs of others. But if you think of "who" to pray for, I'm sure you could come up with many things to pray about for everyone you know.

You could pray for your spouse
You could pray for your kids
You could pray for your siblings
You could pray for your neighbors
You could pray for your church family
You could pray for your pastor
You could pray for the church you go to
You could pray for the CHURCH (the believers throughout the world)
You could pray for those out there doing the work for the Lord
You could pray for your coworkers
You could pray for Israel
You could pray for Ukraine
You could pray for our Nation
You could pray for our President.....

"Wait", you make be thinking, "*I don't like our President.*" But if you prayed for our president as much as you complained about him, I would wonder how much he would change because of our prayers. I wonder how much our nation would change.

If you can think of derogatory things to say about our president and even others. Why not take those mean, evil, derogatory words, and instead, pray for our President and others that you speak so harshly against. Once you do, then you will have many things, and people to pray for, so much so, that you will need to pray for more time to pray, because you are praying so much for others.

† *So, when you pray in your private prayer language, don't hoard the experience for yourself. Pray for the insight and ability to bring others into that intimacy. 1 Corinthians 14:13 (MSG)*